



Chaffee County Public Health

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For Immediate Release Contact:

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Learn Life-Saving Skills at Stop The Bleed Trainings in Chaffee County

The American Red Cross, in collaboration with Chaffee County Public Health, is pleased to announce two upcoming Stop The Bleed training opportunities aimed at equipping community members with essential life-saving skills.

The first training session will take place on September 9th, 2024 at 9:00- 10:00 AM at the Salida Fairgrounds in Salida, CO located at 10165 Co Rd 120, Poncha Springs, CO 81201. A second session will follow in Buena Vista, with details to be announced soon. Both sessions will range forty minutes to an hour long each. These trainings are part of a county-wide initiative to empower individuals to take immediate action in emergency situations where severe bleeding occurs. Stop The Bleed is a national awareness campaign and a call to action intended to cultivate grassroots efforts that encourage bystanders to become trained, equipped, and empowered to help in a bleeding emergency before professional help arrives.

"We are excited to partner with the American Red Cross to bring these critical skills to our community," said Sophia Gibb, Emergency Preparedness and Response Coordinator at Chaffee County Public Health. "Knowing how to control bleeding can save lives, and these training will provide participants with the knowledge and confidence to respond effectively in emergency situations." Participants in the Stop The Bleed training will learn basic techniques, such as how to apply pressure, pack a wound, and use a tourniquet. These skills are crucial in instances of accidents, injuries, or even deliberate harm where immediate bleeding control can make a significant difference in outcomes.

Due to limited space, reservations are required for the Salida and Buena Vista training sessions. Interested individuals are encouraged to email sgibb@chaffeecounty.org or call/text 719-207-6563 to secure their spot. For more information about the Stop The Bleed initiative and the upcoming training opportunities, please contact Sophia Gibb directly.

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About Chaffee County Public Health:

Vision: All people in Chaffee County have opportunities to achieve healthy and connected lives in a community that embraces every aspect of health and wellbeing. Mission: Through leadership, expertise and collaboration, we enhance Chaffee County's wellbeing by promoting and protecting health where we live, learn, work, and play.

About the American Red Cross:

The American Red Cross shelters, feeds, and provides emotional support to victims of disasters; supplies about 40% of the nation's blood; teaches skills that save lives; provides international humanitarian aid; and supports military members and their families.

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