

4/11/2024

## Free Community Opportunity: CU Anschutz Multidisciplinary Center on Aging's Research Roadshow Coming to Chaffee County May 17<sup>th</sup> Research is one way you can make a difference!

<<<FOR IMMEDIATE RELEASE>>>

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Chaffee County Public Health and the Multidisciplinary Center on Aging, affiliated with the University of Colorado Anschutz Medical Campus, are collaborating to bring the Research Roadshow to the Chaffee County Fairgrounds on May 17, 2024. The Research Roadshow provides fun and accessible opportunities for participants, specifically older adults, to learn new information about healthy aging and explore opportunities from different aging-related research studies that are happening right now.

“Participation by older adults in research can lead to new discoveries that promote improved mobility, independence, longevity and quality of life. Volunteering for research studies is one way to have a voice and make a big difference,” says Kathryn Nearing, Assistant Professor in the Division of Geriatric Medicine at the University of Colorado Anschutz Medical Campus. “Each Roadshow we have offered around Colorado is tailored to its community. We know Chaffee County has many older adults who are passionate about living long lives and living them well, and we are excited to create our Healthy Aging Research Roadshow to engage with the community here.”

Roadshow participants will learn from presenters and have opportunities to try out new innovations supporting healthy aging. While doing so, they can provide feedback on these innovations and discover studies of interest that are enrolling older adults.

**The Research Roadshow will be open to the public from 9 a.m. – 2 p.m. on Friday, May 17<sup>th</sup> at the Chaffee County Fairgrounds. Admission is free and includes lunch. Guests are strongly encouraged to pre-register by visiting [Chaffee County Research Roadshow Registration](#), scanning the QR code, or calling Molly Bischoff 970-309-9145. More details about the Research Roadshow can be found on the enclosed Chaffee County Research Roadshow Fact Sheet.**



QR Code for Registering



The Research Roadshow program is made possible with funding support from the NextFifty Initiative and the National Institute on Aging, National Institutes of Health.





## Chaffee County Research Roadshow Fact Sheet

The Research Roadshow provides fun and accessible opportunities for older adults to learn new information about healthy aging and explore opportunities from different aging-related research studies.

At the Chaffee County Healthy Aging Research Roadshow, you can:

- Explore options to enroll in a research study you can do from where you live.
- Get a free hearing check while you learn from a research team that is recruiting older adults for a study exploring the impact of high blood pressure on hearing loss.
- Give feedback and learn about ongoing telehealth caregiver support for those caring for their older loved ones.
- Meet with a cancer research team that is teaching about lung and colon cancer with free take-home tests and smoking-cessation kits.
- Learn about brain health and studies exploring aging and the brain.
- Meet Older Adult Research Specialists and talk with them about their experiences participating in research studies.
- Visit the Research Hub for guidance on reputable websites to look for health advice, or to learn how to find research studies.
- Learn from local public health navigator Deb Norby about digital couponing and how to save money at your local grocery store.
- Attend a presentation about suicide prevention and safe gun storage for older adults.
- Enjoy a complimentary “brain-healthy” lunch catered by Kalamata Pit, as well as other delicious local eateries.
- Talk to researchers who are looking for feedback from older adults.
- Test out new innovative devices.

We hope you will join us for a fun day connecting with other participants and research teams to learn about the variety of opportunities to take part in research, and ways that research is transforming the way we age.

Connect with us at [www.research.cuanschutz.edu/olderadults](http://www.research.cuanschutz.edu/olderadults). Additional questions or inquiries can be directed to: [olderadultresearch@cuanschutz.edu](mailto:olderadultresearch@cuanschutz.edu).