

Salida's Friday Enrichment program through the City of Salida Recreation Department offers fun activities to youth on Fridays. Major sponsors High Country Bank and Amicas Pizza help the program promote activities, offer scholarships, and grow, for the benefit of our children! On the agenda for this semester are the following Friday offerings:

- City of Salida Recreation Department
 - Register by calling (719) 539-6738 or come to the Aquatic Center
 - Scholarships are available for all Salida Rec programs. Call Maggie at 539-5703 to register.

Tumbling with High Country Gymnastics

Students learn tumbling fundamentals designed to safely progress their athletic skills. Participants MUST preregister at the Aquatic Center. Drops-ins will be accepted ONLY if there is room. ALL PROGRAMS HELD IN LONGFELLOW GYM. ENTER THROUGH SCHOOL FRONT DOORS. Register at the Aquatic Center or call (719) 539-6738.

Fridays, January 9, 16, 23 and February 6
Future sessions will be announced on a rolling basis.
\$15 single class /\$50 4 class session for 60 minute classes,
\$18 single class/\$60 4 class session for 90 minute classes

Level 1, 4-5 year old/Beginner: 2-3pm
Level 2, 6-7 year old/Beginner: 3-4pm
Level 3, all ages/Adv. Beginner: 4-5pm
Level 4, all ages/Intermediate: 5-6:30 pm

*Coach must approve enrollment in these levels.

Ski Bus to Monarch

Catch a ride up the road for a day of riding! All ages, but kids under 10 must be accompanied by an adult. Meet at the Salida Hot Springs Aquatic Center

Friday and Saturday. \$5.00. Bus will leave Aquatic Center at 9:00 am sharp, and return at approx. 4:00 pm. There is no supervision once on the mountain.

Drums Alive: Kid's Beats

Longfellow Elementary School, 350 W 8th St, Salida, CO 81201, United States

9:00 am - 10:00 am

Combine fit balls, drumsticks, and high energy kids and what do you get? An exciting workout with music that can help your brain as well as your body! Class size is limited

in order to provide equipment for all, please preregister at the Hot Springs Pool, to reserve a spot.

January 16, 23, February 6, 13, 9-10 am
\$15/all 4 Ages 9-12

Camp Friday Part I - WINTER

At the Salida Scout Hut. Camp Friday is a special program filled with hands on projects covering science, art and the environment for 5 to 8 year olds. Several local youth serving organizations are working together to make programs available each Friday January to March.

Fridays from 10 am to noon
Ages 5-8

Fri Jan 9 – 4H – Super Structures
Fri Jan 16 – GARNA
Fri Jan 23 - Articipate
Fri Jan 30 - Articipate
Fri Feb 6 – Maverick Potter
Fri Feb 13 – 4H – Winter Wonders
Fri Feb 20 – Maverick Potter
Fri Feb 27 - Guidestone
Fri Mar 6 – 4H/GARNA
Fri Mar 13 – Guidestone
Fri Mar 20 – REC FIELD TRIP

Sessions are \$3 per week, or register for all 10 sessions (not including field trip) for only \$20. Field trip destination and price to be determined. Scholarships are available. For more information or to register, call Salida Rec at 719-539-6738.

Camp Friday Part II - SPRING

Camp Friday, part II, will be a longer day program than part I. Pricing is yet to be determined, we are working hard to keep the cost very minimal. More information will be released on www.salidarec.com in March.

April 17: Join Guidestone and GARNA for Adventures on the Ranch at the Hutchinson Homestead

April 24: Join 4-H and Salida Rec for a day of fun activities with a 'Where in the World' theme at Centennial Park

May 1: Join Salida Rec and GARNA for fun and nature explorations.

May 8: Join 4-H and Guidestone for Acres of Adventure at the Salida School Garden on Holman Ave focused on Farm Science and Garden Fun!

For more information and to register, please contact Salida Rec at 719-539-5703.

Jive and Dive

Middle school pool parties! Your music, your friends, and no adults (beyond Salida Rec staff)! \$5. Fridays, January 16, February 20, March 20, April 17, and May 15. 7 – 9 pm.

- GARNA

Stream Explorers

April 17, April 24, May 1 and May 8 from 9 am to 12 pm

GARNA and The Collegiate Peaks Anglers chapter of Trout Unlimited offer Stream Explorers program for middle school students! This is a FREE hands-on exploratory opportunity to learn about stream ecology and fly-fishing. Minimum class size is 8, maximum is 15. Participants who complete the program earn a free Redington fly rod.

For more information please contact Dominique Naccarato by emailing dominique@garna.org or calling 539-5106

- Salida Dance Studio

214 WEST HIGHWAY 50 [RAINBOW DRIVE] SALIDA, COLORADO 81201

Zumba!!!!

8:15 - 9:15 AM

10+ can attend the Friday Zumba Class with Nicole Balaun. The class is one hour and kids should wear gym shoes and workout wear. This is a great activity for parents to do with their kids. \$10.00 Drop-In or \$80.00 10-punch pass.

Boyz Dance

9:30 am - 10:30 am

5+ and introductory class for boys interested in dance. Ballet, Jazz, Hip Hop, Tap & Theater. \$50/month or \$15 drop-in

Junior Competition

10:30 am - 12:00 pm

Junior Competition (6+ y.o.) (beginners welcome). \$67.00/month***

***The class fee does not include competition fees, costume costs & travel fees, additional fees may occur. Fundraising opportunities will be available.

PRE-POINTE

12:00 pm - 1:00 pm

A minimum of 2 years experience ballet required, recommended 12+ y.o.
\$50/month

MODERN DANCE

2:00 – 3:00 PM

Ages 10+ Ballet recommended, this is a prerequisite for Composition. \$50/month or \$15.00 drop-in

COMPOSITION

3:00 pm - 4:00 pm

Ages 10+ beginning choreography & composition, Modern required. \$50/month,

For more information: Visit www.dancesalida.com or call 719.221.0515 or email salidadancestudio@gmail.com

- Boys and Girls Club

Please visit <http://www.bgcchaffee.org/EndUserFiles/24850.pdf> to learn more about our programs.

Boys & Girls Club-Chaffee County, 340 E 5th St, Salida, CO, United States

Winter Wonderland Reading Challenges and Brain Teasers Challenges

Both, taking place throughout the day. These are great ways to keep learning alive and FUN on Fridays! Fridays are the day we like to get out in the community and give back! Please always come prepared for a walk about.

STEM Girls Only Tech (N.B.A.), which is currently just an opportunity for girls only, to enjoy the Tech Center

After Lunch Program

Fiber Arts/Knitting Club

1:00 pm - 3:00 pm

STEM Minecraft EDU

1:30 pm - 3:00 pm

Pickle Ball and Floor Hockey

1:30 pm - 2:30 pm

Chess Club

3:00 pm - 4:00 pm

Girl's Tech

Type to enter text

3:30 pm - 4:30 pm

Lego Digital Designer

4:30 pm - 5:30 pm

Please contact Boys and Girls Club of Chaffee County for more information, www.bgchaffee.org or 719-539-9500

• **Salida Circus**

Boys & Girls Club-Chaffee County, 340 E 5th St, Salida, CO, United States

10:00 am - 11:30 am

Kids aged 6 and older can learn trapeze, silks, lyra, tumbling, juggling, stilt-walking clowning and more! Free to Boys and Girls Club participants. For more information call Jennifer Dempsey, Salida Circus director at 530-1494 www.thesalidacircus.com

- Center Stage Academy of Dance and Theatre!

1548 G Street Unit 5 Salida, CO 81201

Creative Dance

9:00 am - 9:45 am for ages 3-7. Explore movement, having fun with props and silly songs!

Kids Jazz

10:00 am - 11 am for ages 6-11. Learn how to dance in the style of Jazz movement.

Pointe Class

2:15 pm - 3:15 pm audition required. Continue learning Ballet and Pointe.

Our website is www.centerstageacademy.webs.com take a look at all of our new classes offered!

- Absolute Youth Cycling 2-Wheel Fridays

The Absolute Youth Cycling "2-Wheel Fridays" program dates for spring 2015 will be:

April 10, 17, 24, May 1, 8, 15; and May 22 is the scheduled potential make-up day.

2-Wheel Fridays bicycling and mountain biking programs provide a safe, supportive atmosphere for elementary and middle school children to learn the lifelong joy and skills of bicycling, while having fun outside with friends. Sessions consist of a blend of biking skills, safety, fitness, outdoor exploration, and good, clean fun! Depending on age and ability, other topics might include: road/traffic/trail etiquette; team work; bicycle maintenance; trail-side repairs; nutrition and hydration; first aid; land and trail stewardship; and trail use and access issues.

Cost will be \$120 for the two younger age groups, and \$150 for afternoon (older) group. Time and Registration TBD

For more information contact James Haarmeyer, Program Director, at james@absolutebikes.com or [719.539.9295](tel:719.539.9295)

- Integrate

305 G Street Salida, CO 81201

Adult + Kid MoveNat

9:00 am - 10:00 am Fridays

Enjoy fun obstacle courses, circuits, and exercises you can do together. For kids and adults, ages seven and up. Kids ages 7 - 10 must attend with an adult. Kids are \$5.00 per class and punch passes are available. Membership not required to attend. **FIRST CLASS IS FREE!!!** For more information call 719-539-2700.

- **Salida Mountain Kids Childcare, LLC**

230 E 1st St, Salida, CO 81201, USA

8 am - 5:30 pm daily, including Fridays

“Salida Mountain Kids Childcare, LLC is a licensed childcare facility that is open Monday - Friday from 8 am - 5:30 pm. We do take children on a drop-in basis. We take children 2 - 16 years old and provide a safe and fun environment, friendly and loving staff that is fully trained in early childhood development.”

Please note, that these activities are subject to change. We encourage you to check back at www.salidarec.com/fridays often! We are constantly adding more events to our calendar, so please understand that this calendar is “living”; constantly changing, in order to bring more FUN, to you and your family!

Another reminder...the City of Salida does offer scholarships for programming for all activities offered through Salida Recreation (both for children and adults). If you have financial need, or know of someone that does, please contact Maggie Murdoch at 719-539-5703. Many of our providers also have financial aid available, so please contact them individually to find out how they might be able to assist.

If you will kindly take some time to offer us your input regarding Friday Enrichment programming, it would be appreciated. Please click on the following link, to offer us your opinion: <https://www.surveymonkey.com/s/2LCVMBS>. This survey should be completed by January 31, 2015. Thank you for your two cents! We value your input, and we will do our best to create the most holistic, safe, and enriching opportunities for your children!

Respectfully Submitted by Robin NeJame, contractor to the City of Salida as the Friday Enrichment Outreach Coordinator.

